

FOLIE À DEUX IN MONOZYGOTIC TWINS: A CASE REPORT

DR. BIJAYITA BORAH, POST GRADUATE TRAINEE

DEPARTMENT OF PSYCHIATRY, LGBRIMH, TEZPUR, ASSAM

INTRODUCTION

- ICD 10: Induced delusional disorder.
- The primary case(inducer) transmits his/her delusional beliefs to another person with whom he/she has a close emotional bond.

CASE DESCRIPTION

A pair of male monozygotic twins Mr. L and Mr. T both 16 years of age with no family history of psychosis presented to the OPD with similar symptoms. The older twin Mr. L had apparently visited Kashmir with his father who was in the Army posted there. Symptoms of fearfulness and suspiciousness of being followed, recorded on camera for ulterior motives and hearing voices of mantra being chanted were reported upon returning home. Symptoms lasted for 6 months till treatment was sought. Similarly, the younger twin Mr. T also reported similar symptoms of around 2 weeks upon returning from Arunachal with his father who was transferred there.

Positive mental status findings of relevant speech, anxious affect, delusion of persecution, referential delusion and elementary auditory hallucination with poor judgement and insight grade 1 were found in both the cases.

DISCUSSION

In this case, the delusion and hallucinations were of similar nature in both of them. Also, the evolution of symptoms was similar.

The older twin being the dominant one had induced his delusional beliefs onto his younger twin. A diagnosis of F24 Induced delusional disorder was made.

The primary case was prescribed T. Olanzapine 10 mg. The younger twin was advised T. Clonazepam 0.5 mg BD and both were advised separation. After a week both had shown improvement.

CONCLUSION

-The etiology is only a matter of speculation; whether it was due to shared genetic factors, environmental factors, trauma or an interplay of these factors is unknown,

-Role of separation proved to be of paramount importance in this case (1)

REFERENCES

1. Javed, J., Karkal, R., Nafisa, D., & Kakunje, A. (2020). Folie a deux in monozygotic twins with childhood trauma: A case report. *Asian journal of psychiatry*, 53, 102192